FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUR MEMBERSHIP ISN'T JUST GOOD FOR YOU, IT'S SOMETHING GREAT FOR ALL OF US!

Facility Use Policies

No Food or Drink: Water only in our indoor program areas including lockers (vending products in designated areas).

Cell Phone Usage: Talking on cell phones is prohibited in the Locker, Fitness Room, Wellness Room, Walk/Run track, or Pool Complex. For the courtesy of others please always take your conversations outside. Cell phones may be used for music with headphones.

Fragrances: Refrain from wearing scented fragrances to not affect others allergies.

Street Shoes: Do not wear street shoes or boots in our indoor program areas.

Animals: No animals are allowed in the building unless they are a service animal trained to help with a disability.

Lost and found: Any recovered items will be held at the Front Desk for up to one month. We are not responsible for any lost, stolen or damaged belongings. Locks are provided at the Front Desk for day use at no charge.

Insurance: Participants need to provide their own health and accident insurance coverage. If there is a medical emergency, we will call 911.

Holidays: We are closed in observance of New Years Day, Easter, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Christmas Day.

Safety Guidelines Regarding Children at the Y

In the building, including Gymnasium and Walk/Run Track:

- Children 10 & under must be under direct supervision of a caregiver when not participating in a program.

Wellness Room:

- Children 14 & under can only be in the Wellness Room if attending a program.

Fitness/Weight Room:

- Children under 12 are not allowed in the Fitness/Weight Room.
- Children 12 – 14 are allowed in the Fitness/Weight Room only after an orientation and under the direct supervision of a caregiver or a Fitness Instructor. Exceptions

Tom and Sally Savage Pool Complex:

- Children 6 & under must remain within arm's reach of a caregiver.
- Children 7 – 10 must have a caregiver in the pool complex.
- Children 11 – 12 need a parent or caregiver over 18 years old in the building.

Locker Rooms:

- Children 5 & older may use the Men's/Women's locker room with a same sex caregiver or the family locker rooms. Children under 5 or with a caregiver of the opposite sex must use the family locker rooms.

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Waldo County YMCA

YOUTH FACILITY ACCESS

Unless participating in a program under the supervision of Y Staff or approved adult volunteers, children under 10 must be under the direct supervision of a parent. When supervision is required, the guardian must be 18 years or older.

*Wellness Director approval will be based on physical and emotional maturity of the child.

<table>
<tr><th></th><th colspan="3">WELLNESS</th><th colspan="2">AQUATICS</th><th>OTHER</th></tr>
<tr><th>AGE RANGE</th><th>LOCKER ROOMS</th><th>FITNESS ROOM</th><th>WELLNESS ROOM</th><th>SPA</th><th>POOL</th><th>GYMNASIUM/ TRACK</th></tr>
<tr><td>Under 5</td><td>Family Lockers Access Only</td><td rowspan="3">Children under 12 may not access the weight room</td><td rowspan="4">Access to Wellness Room only if attending a program</td><td rowspan="5">No Access</td><td>Children 6 and under must have an adult in arm's reach</td><td rowspan="2">Children 10 and under must have direct adult supervision in the Gymnasium or on the track</td></tr>
<tr><td>5-10</td><td>Children may access the Men's/ Women's lockers with a parent of the same sex or the Family Lockers</td><td>Children 7 - 10 must have an adult in the Pool Complex</td></tr>
<tr><td>11</td><td rowspan="3">Full Access</td><td>Children 11 - 12 must have an adult in the building</td><td rowspan="3">Full Access</td></tr>
<tr><td>12-14</td><td>Access after orientation with adult supervision or Wellness Director approval*.</td><td rowspan="2">Full Access</td></tr>
<tr><td>15-17</td><td>Full Access</td><td>Full Access</td><td>16+ Access</td></tr>
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