YESTERDAY
TODAY
TOMORROW
TOGETHER

2021 Annual Report
WALDO COUNTY YMCA
MISSION:
It is the mission of the Waldo County YMCA to promote the physical, mental, social, and spiritual development of Waldo County children and families.

OUR CAUSE
The Y is a powerful association of men, women and children of all ages and from all walks of life joined together by a shared passion: TO STRENGTHEN THE FOUNDATION OF COMMUNITY.

AREAS OF FOCUS:
YOUTH DEVELOPMENT: Nurturing the potential of every child and teen.
HEALTHY LIVING: Improving the nation’s health and well-being.
SOCIAL RESPONSIBILITY: Giving back & providing support to our neighbors.

CORE VALUES:
CARING: Show a sincere concern for others.
HONESTY: Be truthful in what you say and do.
RESPECT: Treat others the way you would want to be treated.
RESPONSIBILITY: Be accountable for your promises and actions.

IN THEIR WORDS...

Having the Y provide remote care for my son was instrumental to us surviving financially. As a single mother I depend on the amazing people at the YMCA.

My son has improved both emotionally and academically this year and I truly believe the Y has so much to do with that! I cannot thank each and every one of you enough for what you do for our family!!

- Bus Stop Before and After School Care Parent
Dear Friends,

In *Alienated American: Why Some Places Thrive While Others Collapse*, author Timothy Carney identifies community as “the certainty that someone can help you when you need it”. That is the beauty of Waldo County; that we ARE community and we CAN depend on each other.

As we look back on 2021, we want to celebrate the perseverance and generosity of the Waldo County community. The global COVID-19 pandemic made it clear that without YOU, we would not be here. We are proud to be a part of what makes our community strong.

Despite the day to day uncertainty from the pandemic, we were determined to do everything we could to serve you. Each department developed ways to push forward with programming despite all the challenges. We put our childcare kids in “pods” and kept lots of distance between them. Youth basketball, soccer, field hockey participants wore face masks while playing. We added “mask for all” hours and pool reservation times for extra comfort for vulnerable members. We installed HEPA™ filters in our fitness and childcare areas. The facility was continuously sanitized throughout the day.

We followed through on the new initiatives we established in 2020 by hosting monthly American Red Cross blood drives and Fill the WCY Bus food drives, monthly Active Older Adult “Carhop” lunches, and Chair Yoga via Zoom.

Halloween at the Y was a turning point! The turnout was an overwhelming reminder that people want to be together. That WE are a community. With the help of over 50 volunteers, we moved our event outside for the first time and held a Trunk of Treat on a beautiful Sunday afternoon. Nearly 1,000 characters came to show off their costumes and fill their candy buckets.

Everyone had a great time, but one story stuck out to us. About five minutes before the event began, an old truck driving by a young pirate couple pulled into our driveway, “sorry, we are late... is there still space?” We gave them the last open spot. They parked headfirst and almost literally dropped anchor. The spars and sails went up. Eye patches went down. A captain’s wheel on the tailgate made the scene and they were ready. They had driven from Rockland. “What brought you here?” we asked. “We heard about this and couldn’t miss it!”

At the WCY, we try to give as good or better than we get. It is one of the things that makes the Waldo County YMCA a great place to belong.

We did everything we could think of under CDC and Governor guidelines to make a difference for YOU and YOU responded in kind! Knowing we were going to need help we launched the Y Strong! A Bridge to the Future Campaign! Kicked off by $60,000 in pledges from our Board of Directors, followed by major commitments from community businesses, institutions, and individuals and topped off with a matching campaign, we raised over $400,000 to sustain the WCY through to the other side of this pandemic.

Respectfully,

RUSSELL WERKMAN
Chief Executive Officer

DENISE LINDAHL
Chief Volunteer Officer
AT THE Y, WE FOCUS ON...

YOUTH DEVELOPMENT - nurturing the potential of every child

Our Little Learner’s Preschool prepares students to succeed in school in addition to giving them a safe, fun place to spend their days. When our “Friends”, as the teachers call them, go on to Kindergarten, they are ready to learn!

Ms. Barbara is one reason our preschool friends have such success. Every Friday since 2016, Ms. Barbara has read a new book to the class. In that time, she’s read over 220 book to them. The children look forward to seeing Ms. Barbara every week. It’s because of her and the work of Ms. Jen and Ms. Karen, that our preschool children build confidence, learn positive behaviors, and create a foundation from which to launch themselves into successful students.

HEALTHY LIVING – improving our communities health and well-being

Barbara (at right in the picture) exemplifies our goals for health. In our Lifetime Fitness class, she does much more than simply work on strength, flexibility, and balance. She says, “I have met up with so many friends at our class.... The number has grown so much that we’re having less elbow room when we meet up for happy hour. Hahaha! Lifetime Fitness is the best.” Our classes create communities and fight social isolation while they maintain fitness of body, mind, and spirit.
SOCIAL RESPONSIBILITY – giving back and providing support to our neighbors

At the Y, we believe everyone deserves to have fun! The WCY provides a place for nearly 1,000 senior members to gather for mental and physical engagement. Virgil Fowles, Jr. has been one of our most outstanding senior members since the doors first opened on our facility. He has participated in 239 Active Older Adult activities and outings since 2005! That does not include the 196 monthly luncheons that he has volunteered to cook for 100 other age 60 or better participants who eagerly come together to see friends and catch up with one another.

THANK YOU, VIRG!
1,200 / 189
1,200 meals given out to 189 people in our monthly "AOA" Luncheons

200 / 24
We distributed over 200 shopping bags worth of food to 24 community and school food pantries

$118,000 / 40 / 36
We gave out over $118,000 to 36 working families over 40 weeks to help pay for childcare

60
Troy Howard Middle School Students decorated the Y for the holidays

1,988
Bagged lunches served in partnership with RSU71 to Summer Day Camps

6,250
Face masks were handed out

320 / 258 / 2
320 senior athletes spent over 258 hours playing Pickleball on our 2 indoor courts during the cold winter months

73,117
Laps (or 2,106 miles) were swum by 25 swimmers in our 100 Mile Swim Club
997 / 50
997 children and their families visited 50 volunteers in our parking lot for “Trunk or Treat”

80
Students enrolled in school year childcare programs

53,998 / 2,694
the WCY provided membership to over 2,694 Maine residents and welcomed them for 53,998 visits

110
Group Exercise and Aqua Exercise Classes offered through out the year

300 units
of blood collected at American Red Cross Blood Drives

$408,732 / 230
230 donors gave $408,730 to sustain our Y through the Pandemic
BECAUSE OF YOU, WE CAN DO

Our individual donors help to keep the Waldo County YMCA

Tangie Abercrombie
Eddie Adelman
Molly Ahrens
Madelaine Alexander
Dorothy and David Alling
Alexander Allmayer Beck
Edward Anderson
William Ando Anderson
Al Andrews
Rosemary and Dick Baldwin
Virginia Bara
Robert and Brenda Barrett
Molly and Kevin Barrett
Katharine Bartlett and Chris Schroeder
Jim Bauman
Susan Belair
Andree Bella
Marguerite Berger
Sharon Besso
Elaine and John Bielenberg
Mary Bigelow and Russell Barber
Nancy Biscone
Ellen Bishop
Susan Bishop
Pete and Ann Bixler
Doug and Kerry Black
Tamera Blades
Janet Blood
Eric and Amy Boucher
Michael and Linda Bowe
Phil and Judy Bowen
David and Betty Bowen
Nina Lowe and Fred Bowers
Nancy and Mike Boyington
Faith Boynton
Marcie Jan Bronstein and Alan Fishman
Marion Brown
Paul and Nancy Brown
Philip Brown and Karen Olsson
Kathie Brown
Paul and Nancy Brown
Judy Burciaga
John and Linda Burgess
Jon Burroughs
Jim Campbell
Julian and Dorothy Cannell
John and Pat Carrick III
Lisa and Cory Chase
John Chase
Nancy Coffey and Randy Hall
Douglas Coffin
Chris and Caryn Coleman
Mary Jane and Greg Coleman
Courtney Collins
Kevin and Shannon Coombs
Georgenie and Richard Coombs
Sheryl Cooper and Thomas May
Frank and Rosemarie Costello
The Cote Familily
Jennifer Craig
David and Beverly Crofoot
Phil and Judy Crosby
Dale and Stephanie Cross
The Myrick Cross Family
Dale and Stephanie Cross
Mary Jean Crowe
Amanda Cunningham
Barbara Currier Bell
Gretchen Hess Daly
Martha Daniels
Marty Daniels
Corliss and Rick Davis
Mr. & Mrs. J. Scott Davison
Susie and Gary Dixon
Anne Dolbashian
Paul Doody
Jane and Bill Dopheide
Juliane Dow
Ronald H. Dow
Joseph Duggan
Bryant Dutch
Greg and Lois Dutch
Deb Eaton
Trudy and Chris Eldridge
Jennifer and Justin Emerson
Falvey-Wry Family
Terry and Donna Fancy
Kate and Matthew Faragher Houghton
Shirley Faulkingham
Steve and Shelley Fein
Joyce Fenner
Aaron and Ruth Fethke
Liz and Rick Fitzsimmons
Maureen Flanagan
Nancy McElroy Folger
Virgil Fowles, Jr.
Karen Foxwell
Cindy Frost
Gordon Fuller
John Gage
Mike Gallant
Barbara Gallione
Joan Garber
Faith and Donald Garrold
Janine Gates
Karen Gleeson
Sharon Goguen
Linda Gordon
Barbara and Christopher Gordon
Phyllis Gould
Jeffrey Mabee and Judith Grace
Shirley Grant
Elizabeth and Bruce Grant
Kathleen Greiner
Terry and Andy Hackford
Peter D. Haddock
Paul and Nancy Hamilton
William and Pamela Harford
Michael and Trish Harrison
Barbara Hausman-Smith & Charles Smith
Sara and Arthur Hayes
Kathleen Hermann
Del Hickey
Soone Hitt
Don and Lynn Hoenig
Janis Hogan
John Holmes
Daniel and Dianne Horton
Michael Housman
Tim and Cris Hughes
Brooks and Linda Hurley
Weldeena Hustus
Candice Hutchison
Ronald and Shirley Jarvelia
Linnea Johnson
Jennifer and Mike Johnson
Linnea Johnson
Larry and Sharron Jones
Meredith Jones and Dana Murch
Mary Kalendaugh and Ron Garfinkel
Leonard Kalinowski
Nancy Kane
Donna Kelley
Ann Kennedy
Ronald and Elaine Kennedy
Ann Kennedy
Charlotte Kerrigan
Peter “Kit” Kerrigan
Christine Kiley
Dale Kimball-Kocot
Percy and Priscilla King
Janey Knight and Arlo Redman
Michael and Joyce Knox
Marjorie Knuuti
Dan and Coleen Kolasinski
Edith Konesni
Ann and James Kossuth
Joel Krueger and Kate Winters
Carol Kuhn
Deirdre Kuzio
Gert Lapham
Sue and J.R. Lapham
Elizabeth Larrabee
Michael Laureano
Janine F. Laveway
Lucy Ledien
Roger Lee
Christine and Jay LeGore
Jean and Michael Lenderking
David and Sandra Leonard
John Lewis, DDS
John Lewis
Ned Lightner
Denise and David Lindahl
SO MUCH MORE! THANK YOU.

programs and services available to ALL regardless of their financial situation.

Steve and Sue Loeb
Jan and John Luke
Skip and Jackie Luken
Barney Lutsk
James Maheux
Dianne Marceau
Francis Marsano
Francis Marsano
Victoria Matthews
Tom Maycock and Bindy Pendleton
Nancy McAlley
Andy McBride
Gayle and Pete McCarren
Jan McIntyre
Izzy McKay
Peter Millard and Emily Wesson
Pegi Miller
Sam Mitchell
Glenn Montgomery
Lyndon Morgan
Julie and Greg Morse
Tom and Debbie Murphy
Sue and John Murphy
J. Mike Nahme
Mr. and Mrs Dan Nichols
Deborah Nowers
Carl and Colleen Oberg
Buck O’Herin
Maureen O’Keefe
Diane Oltarzewski
Beverly and John O’Malia
Bruce and Laurie Osgood
Jane Overton
Buffy Parker
Charles Pattavina
James Peary
The Pennesi Family
Marilynn Petit
Sophie Pfander
Aimee Phillippi
Edith Phillips
Brandi Place
Tina and Randy Place
Spiros Polemis
Larry and Pat Quinn
Elizabeth Rauch
Mike Rauch and Tike Voet
Dennis Remillard
Mr. and Mrs. Thomas Remington
David and Kathleen Repass
Michael Richards
James and Ann Robbins
Matthew and Edith Roberts
Charles Robertson
George and Susan Rogers
Manley Rogers
Sandi Roman
Tim and Karen Rose
Wendy and Daniel Rowland
Susan Ruberti
Linda Ryan
Alix Sackoff
Michael and Jennifer Samway
Tom and Sally Savage
Molly Schauffler
Alex and Mel Schierman
Walter Schiff
Nancy Schroeder
Rick Schweikert
Deborah and Lawrence Shapiro
Jim and Maryanne Shaver
Jensen Sheafe
Paul Sheridan
Christine Shiltz
Kris and Jeff Shula
Joyce and Mickey Sirota
Dana Skillin
David Smith and Linda Garson Smith
Dina Snape
Dr. Ralph and Mary Snyder
Robert and Marie Stallworth
Leslie Stein
Clyde and Paula Tarr
Katherine and Robert Tausek
John Terry
David Thanhauser and Cloe Chunn
Robyn Thibodeau
Eryn Thostenson
Susanne Tietje
Susan Tobey White and Mark White
Madeline and Duke Tomlin
Arthur and Rebecca Tracy
David and Tina Treadwell
Alex Turner and Barbara Freeman
Marie Underwood
Karen and Ed Varney
Jane and Glen Veevaert
K.C. Von Hollen
Evelyn Wentworth
Sarah and Russell Werkman
Kenneth and Diane Weymouth
Terry and Roxie Whitney
Beth Whitten and Children
Ron and Carol Whittle
Susan Wieman
Marianne Williams
Muriel Willman
Robert and Elizabeth Winslow
The Wisniewski Family
Karen Witham
Susan Wood
Anna Wood–Cox and Jon Cox
Anna Wood–Cox and Jon Cox
Janneke Zaadstra
Anonymous (34)

Jane
Bill Armstrong
John L. Daly, III
Rudy Dehn
John Gallione
Robert Gould
Ray Hall and Don Coffey
Harold Jones
William Kao
Warren Lee Lapham
Tony Lapham
Marjorie and Karl Litzelman
Gretchen McGinn
My Mother and Son Troy
Robert Mullins
Darrell O’Leary
Roger Powers
Roger Ptak
Wayne M. Rockey
Ray Rogers
Ditty Shute
Bita Turner
Dr. Dana and Mrs. Diane Whitten

The WCY Childcare Team
All of the Essential Workers
Little Learner’s Preschool Children
The WCY Staff
The Biscone Children
Sue and Steve Chapin
Katherine Cross
Rudy Dehn
Paul Doody
Jayne Giles
Marcia A. Harford
William Kao
Sue Lapham
Warren Lee Lapham
New Lifeguards
Bruce Osgood
Brandi Place
Tom and Sally Savage
Joyce and Mickey Sirota
Russell Werkman
COMMITTED TO THE COMMUNITY
Thank you to all the local organizations who recognize the WCY with their support

WALDO COUNTY MUNICIPALITIES
City of Belfast
Town of Belmont
Town of Freedom
Town of Islesboro
Town of Knox
Town of Liberty
Town of Palermo
Town of Searsmont
Town of Searsmont
Town of Stockton Springs
Town of Swanville
Town of Thorndike

FOUNDATIONS
United Midcoast Charities
Maine Community Foundation
Pete and Anne Bixler
The Savage Foundation
The Reny Charitable Foundation
Unity Foundation

BUSINESSES
Alicia J. Nichols
Fundraising Counsel
Atlantic Insurance & Benefits
Camden National Bank
Cold Mountain Builders, Inc.
Consumers Fuel Co.
Direct Mail
Production Services, Inc.
Front Street Shipyard
Giles Consulting
Jack’s Grocery
Marshall Wharf
Brewing Company
Mathews Brothers Company
Nordic Aquafarms, Inc.
Perry’s Home Furnishings
and Design
Rauch
Instrument Company, Inc.
Robbins Lumber, Inc.
Rollie’s Bar & Grill
Searsport
Counseling Associates
Stanley Chevrolet Buick
Tidewater Oil
Total Property Care
Viking, Inc.
Whitecap Builders, Inc.
Worth Real Estate, Inc.
Anonymous

2021 FINANCIALS

REVENUE
Membership 29%
Philanthropy 51%
Other 1%
Programs 19%

EXPENSES
Operations 29%
Wages and Benefits 47%
Depreciation 14%
Financial Assistance Given 10%

10
Your gifts to the WCY make our work possible. Membership and program fees allow us to provide our programs, but our Annual Campaign gives us the power to make our community stronger.

Your gift ensures that all children at the Y have access to high-quality, affordable childcare. Your gift makes swim lessons and Active Older Adult activities possible. Your gift powers our food drives and blood drives. Your gift supports our financial aid program that ensures all Waldo County residents have access to our facility and programs. Your gift provides opportunities for children, adults, and seniors to come together to grow and have fun together.

In 2021, you kept our doors open to everyone despite a crippling pandemic through your generous support, combined with grants and restricted income from our endowment. We were able to maintain our full range of programs and gave out almost a quarter of a million dollars in financial assistance to working families, low income adults, and deserving children. In addition, you gave us confidence to initiate needed improvements to our aging facility.

You can help ensure that the Waldo County YMCA remains a hub for this community. When you give to the WCY, you are making this community stronger. Please consider one or more of the following gifts:

- Annual Gift – once a year by cash, check, credit card, or stock donation.
- Monthly Partner – Make your gift go further by breaking it down into smaller monthly payments. Text “WCYMCA” to 26989 to start your giving.
- Legacy Gift – Include the WCY in your will or speak to a financial advisor about other options.

Would you like to make a gift but are not sure where to begin? Please contact CEO, Russell Werkman at 207.338.4598 or rwerkman@waldocountyymca.org

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**Pledge Form**

YES! I/We want to give the gift of possibility

Name (Company): ____________________________

Company Contact: __________________________

Address: __________________________________

City: ___________ State: ___________ Zip: ______

Primary phone: _____________________________

E-Mail: ____________________________________

I/We wish to be listed on published donor rolls as:

________________________________________________________________

Or, please select:  □ Anonymous

□ In Honor of ________________________________

□ In Memory of: ______________________________

□ My company will match this gift; company name and contact: ____________________________

Pledge Payment Schedule (check one):

□ Monthly (on the 15th) beginning in month: ________

□ Quarterly (15th of March, June, September, December)

□ One time

I pledge (check one):

□ $50 □ $75 □ $100 □ $250 □ $500 □ $1,000

□ $2,500 □ $5,000 □ Other $___________

My balance will be paid by (check one):

□ Now (Please make checks payable to: Waldo County YMCA):

□ Remind me on the 15th of: ______________________

□ Visa □ MasterCard □ Securities

Card Number: _____________________________

Exp. Date: _____/____/____ CSV: ___________

Signature: _________________________________
BOARD OF DIRECTORS

The Waldo County YMCA is governed by a volunteer Board of Directors charged with making sure we are always in a position to help the people in our community develop the skills and relationships they need to be healthy, confident and connected to others.

- Denise Lindahl: Chief Volunteer Officer
- Alex Turner: Vice Chief Volunteer Officer
- Joyce Siroti: Secretary
- Paul Doody: Treasurer

Dorothy Alling  Alex Allmayer-Beck  Lisa Chase  Chris Coleman
Kevin Coombs  Jayne Crosby Giles  Greg Dutch  Aaron Fethke
David Flanagan*  Don Hoenig  Dan Horton  Julie Morse
Ryan Otis  Jim Peary  Jeff Rauch  Meg Salmon Carson
Bob Winslow

*Honorary Board Member

FULLTIME STAFF

The staff at the YMCA are a group of dedicated professionals. They are here to serve our members and the community by being informed, responsive, caring and willing to go the extra mile to be sure our members’ needs are met.

Tamera Blades  Wellness Director
Faith Boynton  Youth Development Director
Amanda Cunningham  Marketing Director
Terry Fancy  Finance Director
Dan Kolasienski  Facilities Director
Sue Lapham  Administration Director and Active Older Adults Director
Jan McIntyre  Membership Services Coordinator
Sophie Pfander  Wellness Coordinator and Sports Coordinator
Sandi Roman  Teen Director and Assistant Sports Coordinator
Jensen Sheafe  Aquatics Director
Jonathan Susee  Membership Director
Russell Werkman  Chief Executive Officer

Special Thanks

To all the staff who made the Waldo County YMCA feel like home during a challenging year. Those who Welcome at the Front Desk, Guard the Pool, Care for Children, and Lead Exercise classes, and our dedicated custodians, Betty Larrabee and Jeff Whalen