



**DON'T WAIT FOR A
LEADER, BE A
LEADER**

**TeenTime
WALDO COUNTY YMCA**

MISSION STATEMENT

It is the mission of the Waldo County YMCA to promote the physical, mental, social, and spiritual development of Waldo County children and families.

The Y's promise is
"To strengthen the foundation of community."

OUR AREAS OF FOCUS ARE:

FOR YOUTH DEVELOPMENT:

Nurturing the potential of every child and teen.

FOR HEALTHY LIVING:

Improving the nation's health and well-being.

FOR SOCIAL RESPONSIBILITY:

Giving back and providing support to our neighbors.

OUR 4 CORE VALUES:

CARING: Show a sincere concern for others.

HONESTY: Be truthful in what you say and do.

RESPECT: Treat others the way you would want to be treated.

RESPONSIBILITY: Be accountable for your promises and actions.

FINANCIAL ASSISTANCE:

Our TEEN TIME program is FREE with a TEEN ACCESS MEMBERSHIP however, should you choose to have a different membership type we can offer Financial Assistance through reduced membership and program fees. Applications are always 100% confidential. Forms can be found at our Front Desk or on our website.

For additional questions or to set up a meeting to discuss financial assistance, please contact Membership Director, Jonathan Susee at 207.338.4598 or jsusee@waldocountyyymca.org.

Don't be afraid to ask—we are here to help!

QUESTIONS? PLEASE CONTACT:

Teen Director,

Sandi Roman - sroman@waldocountyyymca.org

Youth Development Director,

Faith Boynton - fboynton@waldocountyyymca.org

CEO, Russell Werkman

werkman@waldocountyyymca.org

We follow the RSU 71 school calendar from September till the last day of school in June (pending snow days).

When school is closed, so is TeenTime.

TeenTime Program hours are Monday - Friday, 2:10 - 5:30 p.m.

TEEN TIME includes privileges like:

- Space to hang out with friends and work on homework
 - Teen Organized Activities - gym/outdoor games volley ball, kickball, floor hockey, ultimate ball, dodgeball, etc.
 - Small group activities - card games, board games, etc.
 - Large group activities - multiday group challenges/tournaments
 - Leadership opportunities
 - Open swim times and specialty fitness classes
 - Much more depending on teen interests and ideas!
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INCLUSIONARY POLICIES: Our goal is to invite kids to TEEN TIME and keep kids at TEEN TIME, while also teaching accountability for their actions. Developmentally appropriate disciplinary processes are key to this learning process, and work best if they include an opportunity for teens to reflect on their own behavior within the program's expectations and framework. Our hope with this approach is to encourage individual social development and accountability while ensuring the emotional and physical safety of all program participants.

Below is the general procedure in response to a disciplinary action. It is subject to change based on the severity of the behavior.

- Step 1: A conversation with the Teen Director.
 - Step 2: A conversation with the Teen Director and the Youth Development Director
 - Step 3: Possible suspension or expulsion from the program depending on the severity of the behavior.
 - Step 4: After a suspension, the teen must have a re-entry conversation with the Teen Director and caregiver to assess the situation and see where we go from here
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INCLUSIONARY POLICIES: All of our childcare programs are designed to help each child reach developmental milestones. Our curriculum enhances each child's potential with intention to build on skills needed for school readiness.

GENERAL EXPECTATIONS

- . The Y core values of Caring, Honesty, Respect and Responsibility should govern all actions and words.
- . To participant in TEEN TIME, students must be annual members or a TEEN ACCESS member by completing the monthly online registration. Teens who are not registered for the month will not be allowed to participate in the program.
- . The Y phone will be available daily after 3:00 p.m. and may be used to communicate with caregivers but is NOT to be used for personal calls. Please ask Y staff for permission before using the phone.
- . We encourage teens to feel a sense of ownership of the TEEN TIME spaces available including caring for all equipment, furniture and other facility areas. Teens are expected to clean up any mess they generate. Cleaning supplies are available as needed.
- . Teens are expected to stay on the YMCA property and remain out of the bushes, woods, and neighbor property including THMS property. Teens may play on the Y field and under the pavilion but are not allowed on the playground or to loiter in front of entrances.
- . TEEN TIME dress code adheres to the same expectations as RSU71.
- General behavior expectations mirror those at RSU71. Disrespectful words or actions toward Y staff members, volunteers or peers are unacceptable. This includes, but is not limited to, bullying, swearing, inappropriate or suggestive comments.

SAFETY GUIDELINES FOR CHILDREN AT THE Y:

In the Building: 10 & under must be under direct supervision of a parent. Age 11 - 12 must have a parent in the building.

Fitness Room: Under 13 are not allowed in the Fitness Room. Age 12-14 are allowed ONLY after an orientation AND under direct supervision of a parent or fitness instructor.

Gymnasium: Under 10 are allowed in the gym only under the direct supervision of a parent or if attending a program.

Locker Rooms: Age 5 & older may use the Men's/Women's locker room with a same sex parent or use the family locker rooms.

Pool Complex: Children 6 & under must remain within arm's reach of an adult Children 7-10 must have an adult in the Pool Complex. Children 11-12 must have an adult in the building.

Walk Track: Under 12 are allowed on the track ONLY under direct supervision of a parent who is walking with them.

Wellness Room: 14 & under allowed in the Wellness Room only if attending a program.