



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WALDO COUNTY YMCA POOL SCHEDULES

Monday, October 16 – Saturday, December 23

## THERAPY POOL HOURS

### Monday

- 7:00 a.m. – 8:00 a.m.
- 11:30 a.m. – 1:00 p.m. *(Adults Only)*
- 4:30 p.m. – 6:00 p.m.

### Tuesday

- 7:00 a.m. – 9:00 a.m.
- 4:30 p.m. – 6:00 p.m.

### Wednesday

- 7:00 a.m. – 8:00 a.m.
- 11:30 a.m. – 1:00 p.m. *(Adults Only)*
- 4:30 p.m. – 6:00 p.m.

### Thursday

- 7:00 a.m. – 9:00 a.m.
- 11:30 a.m. – 1:00 p.m. *(Adults Only)*
- 5:00 p.m. – 6:00 p.m.

### Friday

- 7:00 a.m. – 8:00 a.m.
- 10:30 a.m. – 12:00 p.m. *(Adults Only)*
- 4:30 p.m. – 6:00 p.m.

### Saturday

- 9:00 a.m. – 1:00 p.m. *Swim Lessons*  
*No Open Swim Times*

### Therapy Pool Guidelines:

- Please see the Front Desk for a pass to use the Therapy Pool.
- Passes are first come first serve.
- You may get a pass up to 15 minutes prior to swim time.
- Limit 25 people.

## LAP POOL HOURS

### Monday

- 5:30 a.m. – 3:00 p.m.
- *(Bluefish 3:00 p.m. – 6:15 p.m.)\*\**
- 6:15 p.m. – 7:00 p.m.

### Tuesday

- 5:30 a.m. – 3:00 p.m.
- *(Power Aqua 2:00 p.m. – 3:00 p.m.)\**
- *(Bluefish 3:00 p.m. – 6:15 p.m.)\*\*\**
- 6:15 p.m. – 7:00 p.m.

### Wednesday

- 5:30 a.m. – 3:00 p.m.
- *(Bluefish 3:00 p.m. – 6:15 p.m.)\*\**
- *(Masters 6:15 p.m. – 7:15 p.m.)\*\**

### Thursday

- 5:30 a.m. – 3:00 p.m.
- *(Power Aqua 2:00 p.m. – 3:00 p.m.)\**
- *(Bluefish 3:00 p.m. – 6:15 p.m.)\*\**
- 6:15 p.m. – 7:00 p.m.

### Friday

- 5:30 a.m. – 3:00 p.m.
- *(Bluefish 3:00 p.m. – 5:30 p.m.)\*\**
- 5:30 p.m. – 6:00 p.m.

### Saturday

- *(Masters 8:30 a.m. – 9:45 a.m.)*
- 10:00 a.m. – 1:00 p.m.
- *(Swim Lessons 10:00 a.m. – 1:00 p.m.)\*\**

\* Power Aqua, and lessons use 2 lanes

\*\* Masters and Bluefish use the Whole Pool

\*All Pool Schedules are subject to change\*

**Not a Member, but still want to use the pools?** Join us with a Day Pass!  
Youth and College - \$5 | Adult and Senior - \$10 | Family - \$20