

Waldo County YMCA

LAP POOL Schedule - February 2026 - POOLS NOT OPEN ON SUNDAYS

| Time | Monday | | | | | | Tuesday | | | | | | Wednesday | | | | | | Thursday | | | | | | Friday | | | | | | Saturday | | | | | | Time |
|---------------|--------|---|----------------------------------|---|---|---|---------|---|---|---|---|---|-----------|---|---|---|---|---|----------|---|---|---|---|---|--------|---|---|---|---|---|-------------|---------------|--|--|--|--|------|
| | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | | | | | | | |
| 5:30 - 6:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5:30 - 6:00 | | | | | |
| 6:00 - 7:00 | | | Bluefish Practice 5:30 - 7:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | 6:00 - 7:00 | | | | | | |
| 7:00 - 8:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 7:00 - 8:00 | | | | | |
| 8:00 - 9:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 8:00 - 9:00 | | | | | |
| 9:00 - 10:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 9:00 - 10:00 | | | | | |
| 10:00 - 11:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 10:00 - 11:00 | | | | | |
| 11:00 - 12:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 11:00 - 12:00 | | | | | |
| 12:00 - 1:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 12:00 - 1:00 | | | | | |
| 1:00 - 2:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 1:00 - 2:00 | | | | | |
| 2:00 - 3:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 2:00 - 3:00 | | | | | |
| 3:00 - 4:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 3:00 - 4:00 | | | | | |
| 4:00 - 5:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 4:00 - 5:00 | | | | | |
| 5:00 - 6:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5:00 - 6:00 | | | | | |
| 6:00 - 7:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 6:00 - 7:00 | | | | | |
| 7:00 - 7:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 7:00 - 7:30 | | | | | |
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FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

- All Children ages 6 through 14 must pass the Deep Water Test to enter the deep end of the pool, regardless of adult presence.
- Flippers and Kickboards are not permitted in the Therapy Pool.
- Diving is not permitted in the Therapy Pool.
- Use of YMCA toys is at the discretion of the Lifeguard on duty.
- Flips, spins, or backwards jumping is not permitted.
- All Pool schedules are subject to change without notice. •

Not a member, but still want to use the pools?

Join us with a Day Pass! See Front Desk for purchase.

LAP POOL

WALDO COUNTY YMCA

157 Lincolnville Avenue, Belfast, Maine 04915
207-338-24598 • www.waldocountyymca.org
A 501 (c)(3) Charitable Organization.