

Waldo County YMCA

Therapy Pool Schedule - June 2026

MONTH OF JUNE
Check back for
WEEKLY UPDATES

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
5:30 - 6:00	Therapy Pool Closed					Therapy Pool Guidelines for OPEN SWIM • Pass available 15 minutes prior to swim @ Front Desk. • First come, first served.	5:30 - 6:00
6:00 - 7:00	Therapy Pool Closed						6:00 - 7:00
7:00 - 8:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Therapy Pool Guidelines for OPEN SWIM • Pass available 15 minutes prior to swim @ Front Desk. • First come, first served.	7:00 - 8:00
8:00 - 9:00	Aqua Zumba		Aqua Zumba		Aqua Zumba		9:00 - 10:00
9:00 - 10:00	Preschool 9:30 - 10:30 ends 6/8	SWIM LESSONS begins June 16	Preschool 9:30 - 10:30 ends 6/10	Adult Only 9:00 - 10:00	Adult Only 9:00 - 10:00	Open Swim	9:00 - 10:00
10:00 - 11:00			Adult Only 10:30 - 11:30	Open Swim	Open Swim		SWIM LESSONS begins June 20
11:00 - 12:00	Adult Only 11:00 - 12:30 starts 6/1	WCGH Physical Therapy Rental ends 6/30	Lifeskills 11:30 - 12:30 ends 6/3	Adult Only 11:00 - 12:00	Adult Only 11:00 - 12:30	Open Swim	
12:00 - 1:00			Open Swim	Lifeskills 12:00 - 1:00 ends 6/3	Open Swim		12:00 - 1:00
1:00 - 2:00	Open Swim		Rental		Open Swim		1:00 - 2:00
2:00 - 3:00	SWIM LESSONS begins June 22		SWIM LESSONS begins June 17	SWIM LESSONS begins June 18	SWIM LESSONS begins June 18	Open Swim	2:00 - 3:00
3:00 - 4:00							
4:00 - 5:00			Bus Stop Care 4:00 - 4:45 ends 6/10			Therapy Pool Guidelines for OPEN SWIM • Pass available 15 minutes prior to swim @ Front Desk. • First come, first served.	4:00 - 5:00
5:00 - 6:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		5:00 - 6:00
6:00 - 7:00	Therapy Pool Closed						6:00 - 7:00



- All Children ages 6 through 14 must pass the Deep Water Test to enter the deep end of the pool, regardless of adult presence.
- Flippers and Kickboards are not permitted in the Therapy Pool.
- Diving is not permitted in the Therapy Pool.
- Use of YMCA toys is at the discretion of the Lifeguard on duty.
- Flips, spins, or backwards jumping is not permitted.
- **All Pool schedules are subject to change without notice.**

Not a member, but still want to use the pools?
Join us with a Day Pass! See Front Desk for purchase.

Therapy Pool

WALDO COUNTY YMCA
157 Lincolnville Avenue, Belfast, Maine 04915
207-338-24598 • www.waldocountnymca.org
A 501 (c)(3) Charitable Organization.