



Waldo County YMCA Program/Participant Registration Form

Is the participant a current YMCA Member (circle): Y / N Member ST#: _____
Office use only

PARTICIPANTS NAME: _____ Age: ____ Grade: _____ Birth Date: ____ / ____ / ____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell: _____ Email: _____

If Participant is a child:

Mother/Caregiver Name: _____ Home Phone: _____

Birthdate _____ Employer _____ Work Phone: _____

Father/Caregiver Name: _____ Home Phone: _____

Birthdate _____ Employer _____ Work Phone: _____

Emergency Contact: _____ Relationship: _____

Primary Phone: _____ Work Phone: _____

In case of an emergency we will attempt to contact parents/caregiver first.

Doctor: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Dentist: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Insurance Provider: _____ **Policy #:** _____

Medical Concerns/Conditions: _____

Dietary Restrictions: _____

Physical Restrictions: _____

Medications: _____

Allergies: _____

Date of last Tetanus Shot: _____

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T-Shirt size (please circle): small medium large x-large

(Most youth programs receive a youth sized t-shirt)

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FOR OFFICE USE ONLY

Registering for: _____ Registering for: _____

Registering for: _____ Registering for: _____

Registering for: _____ Registering for: _____

Registering for: _____ Registering for: _____

Registering for: _____ Registering for: _____



Waldo County YMCA Participant Waiver

NOTICE: THIS IS A LEGALLY BINDING AGREEMENT. Read this document carefully and in entirety. By signing this agreement, you give up your right to bring a court action to recover compensation or obtain any other remedy for any personal injury or property damage however caused arising out of your participation in Waldo County YMCA Programs, now or at any time in the future.

In consideration for being permitted to utilize the facilities, services, and programs of the Waldo County YMCA (hereinafter referred to as "YMCA") for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated programs have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releasees") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersign, whether caused by negligence of the releasees or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA, without respect to location.

THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA.

THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE while in, about, or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the forgoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of Maine and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

As applicable per program participation:

- √ I hereby authorize the employees of the YMCA to call emergency medical assistance and/or perform basic first-aid procedures that are necessary in the judgment of the YMCA. I hereby authorize qualified medical personnel to administer necessary anesthesia and medical treatment in the event of an accident. I understand that I am encouraged to discontinue any activity at any time I feel unable to continue.
- √ I hereby authorize the YMCA to use photos and/or videos in promotional activities.
- √ I hereby authorize the employees of the YMCA to administer medication. Important: medications can only be administered with the medication in the prescription bottle. Without the Physicians name and prescription on the label we cannot administer medications.
- √ I hereby authorize the employees of the YMCA to assist in the application of Sun Block when necessary.
- √ I hereby authorize the qualified employees (over the age of 21) of the YMCA to transport by bus or personal vehicle.
- √ I hereby grant my child permission to attend field trips with the YMCA during the school year. Information will be sent home prior to each trip.
- √ I hereby authorize the YMCA to opt my email address in for email correspondence including newsletters.

Contagious Disease Warning and Disclaimer: Waldo County YMCA in no warrants that infection from any known or unknown contagious diseases will not occur through participation in Waldo County YMCA programs and activities of accessing Waldo County YMCA facilities

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

I Have Read This Release **PLEASE Print Name of Participant:** _____

Date: _____ Signature of Applicant: _____

Parent/Guardian Signature Necessary if participant is under age 18

Print Name: _____

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The YMCA of the USA has instituted the following Core Values:

Caring, Honesty, Respect and Responsibility.

It is the intention of the Waldo County YMCA to integrate these core values into our programs and activities. To achieve this, the following is unacceptable:

- Disrespect of others, the facility or equipment
- Destruction of the building or equipment
- Swearing or inappropriate language
- Derogatory remarks or actions about race, creed, gender or appearance
- Fighting
- Clothing that portrays graphic violence/language
- Clothing/headgear found to be offensive
- Behaviors/clothing deemed to be inappropriate
- Food and drink, with the exception of water (vending products allowed only in designated areas)

Member/Program Participant Behavior Policy

The Waldo County YMCA is a drug-free facility, and we require that all members, employees and program participants refrain from using/bringing drugs or alcohol when at the YMCA. We reserve the right to refuse admission to, or remove from a program or activity, anyone suspected of being under the influence of drugs or alcohol.

- The Waldo County YMCA is a non-tobacco facility. NO smoking is permitted on YMCA property.
- Appropriate Dress: Please dress appropriately for our family friendly facility.
- Membership Ownership: The Waldo County YMCA encourages a feeling of ownership on the part of its members. Should you notice inappropriate behavior please report it to the YMCA Staff.

Rules for Children Using the Fitness/Wellness Rooms

Anyone under the age of 11 must have direct adult supervision by a caregiver, or program staff, coach or volunteers.

Wellness Room

- Children under 14 are allowed only for a specific program with **direct supervision** from the instructor or a parent

Fitness Room (after successful completion of mandatory orientation)

- Children 12-14 are allowed after completing an orientation if a Fitness Instructor is present or if they are under the **direct supervision** of a parent; exceptions can be approved by the Wellness Director based on individual maturity.

Walking Track

- Children under 11 years of age must have a caregiver present with them on the track

POOL RULES

- Listen to and obey all Lifeguards on duty
 - Please remove street shoes before entering pool area
 - Please shower before entering the pool
 - NO running or horseplay
 - NO food, drinks, glass or gum allowed in the Natatorium
 - Children ages 6 and under must be kept within arm's reach of an adult at all times
 - Children ages 7 to 10 must have an adult present in the Natatorium at all times
 - Children ages 11 to 12 must have an adult present in the building at all times
 - Babies and children who are not fully toilet trained must wear a swim diaper
 - Inflatable floatation devices are not permitted
 - Children may wear PFD's in the shallow end and must be accompanied by an adult
 - Person using the Spa must be at least 16 years of age
 - An annual swim test is required for deep-water swimming
 - Forward facing jumping is permitted only in 7 feet or more of water
 - Forward facing diving is permitted only in 9 feet of water
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