

# Waldo County YMCA

## LAP POOL Schedule - June 2026

Time	Monday						Tuesday						Wednesday						Thursday						Friday						Saturday						Time																														
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6																															
5:30 - 6:00	Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Lap Pool Closed						5:30 - 6:00																														
6:00 - 7:00																																					5:30 - 6:00																														
7:00 - 8:00																																					6:00 - 7:00																														
8:00 - 9:00																																					7:00 - 8:00																														
8:00 - 9:00	Bluefish 6/22-7/31						Bluefish 6/22-7/31						Bluefish 6/22-7/31						Bluefish 6/22-7/31						Open For Lap Swim						Masters 8:30 - 9:45 am						8:00 - 9:00																														
9:00 - 10:00	8:00 - 9:00																																																																		
10:00 - 11:00	Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Swim Lessons 6/20-8/15						10:00 - 11:00																								
11:00 - 12:00																																											10:00 - 11:00																								
12:00 - 1:00	Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						11:00 - 12:00																								
1:00 - 2:00																																											12:00 - 1:00																								
1:00 - 2:00	Summer Camp						Summer Camp						Summer Camp						Summer Camp						Summer Camp						Open For Lap Swim						Lap Pool Closed						1:00 - 2:00																								
2:00 - 3:00	1:00 - 2:00																																																																		
2:00 - 3:00	Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						2:00 - 3:00																		
3:00 - 4:00																																																	2:00 - 3:00																		
3:00 - 4:00	Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						3:00 - 4:00												
4:00 - 5:00																																																							3:00 - 4:00												
4:00 - 5:00	Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						4:00 - 5:00						
5:00 - 6:00																																																													4:00 - 5:00						
5:00 - 6:00	Open For Lap Swim beginning at 5:15						Open For Lap Swim beginning at 5:15						Masters 5:15 - 6:45 pm						Open For Lap Swim beginning at 5:15						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						5:00 - 6:00						
6:00 - 7:00																																																													5:00 - 6:00						
6:00 - 7:00	Open For Lap Swim						Open For Lap Swim						Lap Pool Closed						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						6:00 - 7:00						
7:00 - 7:30																																																													6:00 - 7:00						
7:00 - 7:30	Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						Open For Lap Swim						7:00 - 7:30
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- All Children ages 6 through 14 must pass the Deep Water Test to enter the deep end of the pool, regardless of adult presence.
- Flippers and Kickboards are not permitted in the Therapy Pool.
- Diving is not permitted in the Therapy Pool.
- Use of YMCA toys is at the discretion of the Lifeguard on duty.
- Flips, spins, or backwards jumping is not permitted.
- **All Pool schedules are subject to change without notice.**

**Not a member, but still want to use the pools?**  
Join us with a Day Pass! See Front Desk for purchase.

### LAP POOL

#### WALDO COUNTY YMCA

157 Lincolnville Avenue, Belfast, Maine 04915  
207-338-24598 • www.waldocountnymca.org  
A 501 (c)(3) Charitable Organization.

