



YOUTH FACILITY ACCESS

Unless participating in a program under the supervision of Y Staff or approved adult volunteers, children under 10 must be under the direct supervision of a parent. When supervision is required, the guardian must be 18 years or older.

*Wellness Director approval will be based on physical and emotional maturity of the child.

	WELLNESS			AQUATICS		OTHER
AGE RANGE	LOCKER ROOMS	FITNESS ROOM	WELLNESS ROOM	SPA	POOL	GYMNASIUM/ TRACK
Under 5	Family Lockers Access Only	Children under 12 may not access the weight room	Access to Wellness Room only if attending a program	No Access	Children 6 and under must have an adult in arm's reach	Children 10 and under must have direct adult supervision in the Gymnasium or on the track
5-10	Children may access the Men's/ Women's lockers with a parent of the same sex or the Family Lockers				Children 7 - 10 must have an adult in the Pool Complex	
11	Full Access	Access after orientation with adult supervision or Wellness Director approval*.	Children 11 - 12 must have an adult in the building		Full Access	
12-14			Full Access			
15-17		Full Access	Full Access	16+ Access		