



Waldo County YMCA

★ We build strong kids, strong families, strong communities. ★

A Child Shall Lead ONE MILE ROAD RACE Sponsored by Whitecap Builders

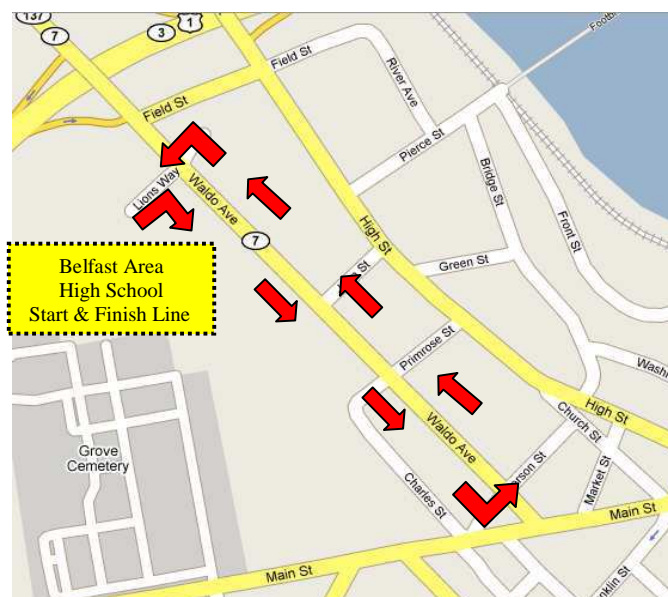


- Date:** Sunday, September 26, 2010
Race Time: 8:30 a.m., Ceremony to follow
Pancake Breakfast to follow Ceremony
Where: Belfast Area High School
Entry Fee: \$8.00 per child, includes pancake breakfast, T-Shirt & Medal
Pancake Breakfast: Pancake breakfast available for all others for a fee: \$4 per adult, and \$3 per child
Registration: 7:30 a.m. - 8:15 a.m. at the registration table.
(Pre-registered participants come to the check-in table at 8:00 a.m.)

Registration forms can be downloaded at www.waldocountyyymca.org

- Y In an effort to build "*Strong Kids, Strong Families and Strong Communities*", Whitecap Builders and the Waldo County YMCA are sponsoring this annual one-mile race. We are challenging and encouraging parents to run/walk with their children. This road race will take place on Waldo Avenue, Belfast, Maine beginning at the Belfast Area High School.
- Y All children participating will be awarded medals and certificates. 1st, 2nd, & 3rd place medals will be awarded in the following categories: 7 & under, 8 & 9 boys, 8 & 9 girls, 10 & 11 boys, 10 & 11 girls, 12 & 13 boys, 12 & 13 girls.
- Y Registration may be done in advance by returning this form to the Waldo County YMCA facility at 157 Lincolnville Avenue in Belfast before Wednesday, September 16, 2009. Race day registration will be 7:30 a.m. - 8:15 a.m. at the Belfast Area High School on Waldo Avenue in Belfast.
- Y The race fee is \$8 per child. (The first 75 children to register will receive a t-shirt with the "A Child Shall Lead" logo on it provided by Whitecap Builders.) Parents may also purchase a T-Shirt for \$5.00 each while supplies last. T-Shirts will be order September 15. Please indicate T-Shirt size: **Youth** sizes: Small, Medium, or Large and **Adult** sizes Small, Medium, Large, Extra Large, or 2 Extra Large.
- Y Complete Registration Form on back and return to the Waldo County YMCA.

Child Shall Lead Road Race Map



READ FIRST BEFORE SIGNING

In signing this agreement, I specifically assume all risks of injury arising out of my (my child's) presence on the premises of the Waldo County YMCA, SAD # 34 property, or City of Belfast streets, the use of its equipment or facilities, and my (my child's) participation in its activities, whether on its property or at another location, and for myself and my heirs and assigns to hereby waive, release and agree to hold free from all claims for damages the YMCA and its officers, directors, members, volunteers, employees or agents.

I understand the risks and danger involved in participating in the programs and activities of the YMCA. I certify that I/my child is physically capable of any activity that may injure myself/my child or others.

I hereby authorize the employees of the Waldo County YMCA to call emergency medical assistance and/or perform basic first aid procedures that are necessary in the judgment of the YMCA. I hereby authorize qualified medical personnel to administer necessary anesthesia and medical treatment to myself/my child in the event of an accident or medical emergency.

I give the Waldo County YMCA personnel permission to transport me or my child by bus, van, or personal vehicle. I hereby authorize the YMCA to use photos and/or videos of me/my child/my family in promotional activities.

I have read the agreement and I fully understand its terms, understand that I have given up substantial rights by signing it, and have signed it freely and voluntarily without inducement, assurance or guarantee being made to me and intend my signature to be a complete and conditional release of all liability to the greatest extent allowed by law. In consideration of this entry being accepted, I for myself, my heirs and assigns, do hereby waive and release any rights and claims I may have against sponsors and officials of the "Child Shall Lead" Race. I also attest that I am physically fit and trained for this event.

Participant/Parent/Guardian Signature: _____ **Date:** _____

All information is required for participation

Child's Name _____ Age ___/Boy___/Girl___ T-Shirt Size : Youth:S M L/Adult: S M L

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Child's Name _____ Age ___/Boy___/Girl___ T-Shirt Size : Youth: S M L/Adult: S M L

Child's Name _____ Age ___/Boy___/Girl___ T-Shirt Size : Youth: S M L/Adult: S M L

Parent _____ Phone # _____ T-Shirt Size Adult S M L XL 2XL

Parent _____ Phone # _____ T-Shirt Size Adult S M L XL 2XL

Mailing Address _____